



Lárionad Náisiúnta um Threoir san Oideachas  
National Centre for Guidance in Education

## NCGE CPD Agenda

### *Supporting the practitioner to support the client: Self-Care and Mental Health issues for Adult Education Guidance Services*

**Dr. Marie Rooney**  
**The Plaza Hotel, Tallaght Co Dublin**  
**12/11/2019**

- |       |  |
|-------|--|
| 9.30  | Registration, Tea and Coffee               |
| 10.00 | Welcome and Introductions                  |
| 10.10 | Mental health – information and discussion |
| 11.15 | <i>Break</i>                               |
| 11.30 | - Recovery                                 |
|       | - Support                                  |
|       | - Case studies                             |
| 13.00 | <i>Lunch</i>                               |
| 14.00 | Self Care and Wellbeing:                   |
|       | - Wellbeing theory and strategies          |
| 15.30 | Evaluation and close                       |

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***Psychometric Testing in Adult Guidance***  
**Carol Guildea**  
**The Plaza Hotel, Tallaght Co Dublin**  
**13/11/2019**

9.30	Morning Session Registration, Tea & Coffee
10.00	Welcome and Introductions
10.15	Workshops on Psychometric Testing in Adult Guidance
11.20	<i>Break</i>
11.30	NCGE presentation on Psychometric Testing
12.15	Reflections and close
12.30	<i>Lunch</i>
13.30	Afternoon Session Registration
14.00	Welcome and Introductions
14.15	Workshops on Psychometric Testing in Adult Guidance
15.20	<i>Break</i>
15.30	NCGE presentation on Psychometric Testing
16.15	Reflections and close

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**Dr. Marie Rooney**  
**The Plaza Hotel, Tallaght Co Dublin**  
**14/11/2019**

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