

Antoinette Donohue



Academia 2010



Antoinette Donohue
Guidance Counsellor, St Joseph's College, Lucan.

My name is Antoinette Donohue and I am delighted to be part of Academia 2010 and I look forward to my trip to Norway with great enthusiasm.

After completing an MA in Geography I trained to be a secondary school teacher and I taught Geography and Economics for a number of years before deciding in 2003 to take a year out and train in Guidance and Counselling. I am now a full-time Guidance Counsellor at St Joseph's College, Lucan, Co Dublin. Our school is an all girls school with over 840 students enrolled. We run a very busy and challenging Guidance Department with two full time and one part time counsellors.

This year I am responsible for delivering the Guidance Programme to 2nd, 4th and 6th Years (about 420 students); we move with our years so next year it will be 1st, 3rd and 5th Years. I have a particular interest in counselling and I've trained in Choice theory and CBT.

I am currently the Chairperson of the Dublin West Branch of the IGC. We have over 130 members and we meet up about five times a year. The committee organises a number of events/talks during the academic year and for the past two years we have organised training courses in counselling for members.

I love reading, travel, walking, art, good foodthe list is endless and time is precious!